



JUSTINE DAVIES

Financial Advisor, Author and Mother

Justine Davies is a Brisbane-based finance writer, author and mother of three children. With over a decade of experience as a financial planner she divides her time between writing and parenting and is the author of 'How to Afford a Baby' and 'How to Afford a Husband', both published by ABC Books.

Justine also writes a weekly finance blog called 'The Money Mum' for news.com.au. Very popular with the parenting community, the blog provides an opportunity for both parents and non-parents to debate topics ranging from money and marriage to choosing schools to the going rate for the tooth fairy.

As well, Justine contributes articles to a number of women's publications and can be heard around the country each week on various radio programs. She is passionate about helping people to make the most of what they have, and by combining humour and commonsense with finance she hopes that she can make learning about money fun.



GINNI MANSBERG

General Medical Practitioner

Ginni Mansberg is best known to Australians as the medical expert on Channel Seven's Sunrise and Morning Show programmes, covering everything from hard hitting breaking medical news to feel good health stories and everything in between.

She is also a familiar face as the medical expert for both Women's Health Magazine and Practical Parenting. Her common sense, practical answers have helped countless Australian women cope with everyday health problems and provided some much needed help with those awkward health-related questions on their minds.

In 2006, her first book "Why am I so Tired?" was released, seeing thousands of exhausted women worldwide laughing their way to better sleep and more energy.

Ginni is a GP in Sydney's Sans Souci and Kings Cross. She loves every aspect of general practice, but especially treating children and their parents. As a mum of three teenagers, she has seen a lot as both a doctor and a parent. She's been through ear infections, tantrums, toilet training, binge drinking, fussy eaters, asthma and countless tissues!



SUMMA EDWARDS

Model, actress and television host

Summa Edwards, an Australian national and Adelaide local, has moved back home after a successful 8 years in the USA as a model, actress and tennis professional. Summa's feet barely hit the ground back in Adelaide when she was given the co-hosting role on **Channel Nine Adelaide's "Feeling Good" Program.**

During her time abroad, Summa was a Tennis Professional & Events Co-coordinator at the Los Angeles Tennis Club in the United States. The LA Tennis Club is known as the most exclusive and complete private tennis club in LA and serves as a personal sanctuary for many of its high profile clients. A graduate of Auburn University in the State of Alabama, USA, Summa received her Bachelor of Science in Education degree, majoring in Health Promotion and Business Marketing. She was also the recipient of an Athletic Scholarship after being scouted in Australia whilst attending Scotch College and was a member the Varsity Women's Tennis Team from 1997-2001.

Summa has also just played a cameo role in the upcoming Australian Film "Beautiful" alongside Deborra-Lee Furness and Aaron Jeffery. She is also an excellent MC. Summa has recently been the MC for The Melbourne Cup Luncheon for Channel 9, The Semaphore Music Festival and the Tour Down Under Gourmet Gala. With a background in fashion she is also a great Fashion Parade host.



IAN WALLACE

Behavioural Expert, Consultant Psychologist and Father

Ian Wallace is a Consultant Psychologist, with a wealth of experience working with families and kids. In his supportive and no nonsense approach Ian highlights practical strategies for issues such as Responsible Parenting, Work – Life Balance; Enhancing Learning in Kids; Fathering, Boys to Men Transition, Dealing with Defiant Behaviour, Bullying, Coping with ADHD, Practical Toddler Training, Building Self Esteem, etc. Ian speaks to thousands of people each year, providing practical and down to earth suggestions.

Ian conducts seminars around Australia for television, radio, universities, professionals, schools and support groups. Ian is the Director and Consultant Psychologist with Forestway Psychology Centre (Sydney) where he works to support children and families. He has provided consultant services for many years to Paediatricians, Psychiatrists, Doctors, Professionals and parents in different cities.

His book, "You and Your ADD Child" (now in its 10th reprint) has become the practical handbook for Australian families and schools dealing with the everyday problems ADD kids have. He co-authored the popular book, "Coping With School".

Ian is a regular, weekly guest on "Mornings with Kerri-Anne", on Channel 9, as well as other guest media appearances, such as the "TODAY" and ACA shows.

Ian writes regularly for Practical Parenting Magazine, KidsLife.com.au, Fairfax Community Newspaper, Melbourne Weekly Magazine, etc. Ian is also on the Editorial board for "Practical Parenting" Magazine. Ian is married to Denise and a father of two.



SONIA BISZCZAK

Founder of Mum 2 Mum Coaching

Sonia Biszczak is the founder and director of Mum 2 Mum Coaching, a coaching service specifically tailored to mums.

Sonia is mum to the gorgeous Tiffany, a very busy and active toddler, so she knows firsthand what it's like to ride the parenting roller coaster.

Prior to having Tiffany, Sonia worked in a variety of roles in numerous industries, including hospitality, banking and finance, insurance, real estate and mining.

Sonia's personality and engaging manner with people meant she was a natural for a coaching role. Her interest in helping people and seeing them move forward in their life prompted her to follow this path professionally. After becoming a mum herself, Sonia realised there was little in the way of coaching services tailored to the needs of mums. So began Mum 2 Mum Coaching - a specialist life coaching service designed to empower mums and to teach mums to embrace and love all that is in their life and within themselves.

Being a mum herself, Sonia understands the time constraints and identifies with many of the goals set by her clients. It is this empathy that sets her apart from other life coaches and is enabling her to create successful outcomes for her clients. With support, encouragement and guidance, Sonia is showing mums across the country it is possible to live a busy fulfilling life and be happy doing it.

And as everyone knows, a happy mum is a happy household!